

The 27th Annual

Virginia Liver Symposium & Update in Gastroenterology

April 29, 2023

Virtual Symposium

Presented by VCU Health Division of Gastroenterology, Hepatology and Nutrition, and VCU Health Continuing Education



VCUHealth™

Continuing Education

A.M.

- 8:00 **Welcome and announcements**
Arun Sanyal, MD

SESSION I

Daily challenges in clinical gastroenterology

Educational objectives:

1. To understand the current methods to diagnose and treat esophageal dysplasia.
2. To learn about new therapies for eosinophilic esophagitis.
3. To understand the impact of diet on colorectal cancer risk.

Moderator: Ravi Vachhani, MD

- 8:05 **Dysplasia: Comparison of treatment modalities**
Milan Patel, MD
- 8:30 **Eosinophilic esophagitis: Current therapies**
Joseph Spataro, MD
- 8:55 **Colorectal cancer: Can diet make a difference?**
Scott Strayer, MD
- 9:20 **Panel discussion**
- 9:30 **Alvin Zfass State of the Art Lecture: Risks and benefits of biologics and small molecules in IBD: Selecting the right therapy**
Millie Long, MD
- 10:00 **Break with exhibitors**

SESSION II

Recent advances in hepatology

Educational objectives:

1. To better understand best practice management of hepatic encephalopathy.
2. To know the latest treatments for HCV.
3. To learn about metabolic phenotyping in liver disease.
4. To understand how to identify those with cirrhosis in your practice.

Moderator: Joel Wedd, MD, MPH

- 10:30 **Hepatic encephalopathy: Best practice and management**
Jas Bajaj, MD
- 10:55 **Hepatitis C in 2023: What you need to know**
Richard Sterling, MD, MSc
- 11:20 **Metabophenotyping in liver disease**
M. Shadab Siddiqui, MD
- 11:45 **Identifying the silent cirrhotic in your practice**
Hannah Lee, MD

P.M.

- 12:10 **Panel discussion**
- 12:20 **Break with exhibitors**
- 12:30 **Workshop sessions**
- A. Challenging cases in inflammatory bowel disease**
Stephen Bickston, MD
Objective: To help the learner better manage challenging inflammatory bowel disease.
- B. Primary sclerosing cholangitis: Understanding pathogenesis and treatment**
Obi Aseem, MD, PhD
Objective: To learn how to manage primary sclerosing cholangitis.
- C. What's new in viral hepatitis B**
Hannah Lee, MD and Richard Sterling, MD, MSc
Objective: To learn what is new about managing chronic HBV.
- 1:30 **Break with exhibitors**

SESSION III

Liver diseases and transplantation

Educational objectives:

1. To understand the different chemotherapeutic options to treat hepatocellular carcinoma.
2. To understand the role and value of palliative care in the management of ESLD.
3. To know recent advances and the experience at VCU in transplanting acute alcoholic hepatitis.
4. To learn about new concepts in acute kidney injury in liver disease.

Moderator: Richard Sterling, MD, MSc

- 1:45 **Chemotherapeutic management of HCC**
Scott Matherly, MD
- 2:10 **Palliative care in ESLD**
Joel Wedd, MD
- 2:35 **Liver transplant for acute alcoholic hepatitis: The VCU Experience**
Amon Asgharpour, MD
- 3:00 **New concepts in acute kidney injury in liver disease**
Arun Sanyal, MD
- 3:25 **Panel discussion**
- 3:35 **Break with exhibitors**

SESSION IV

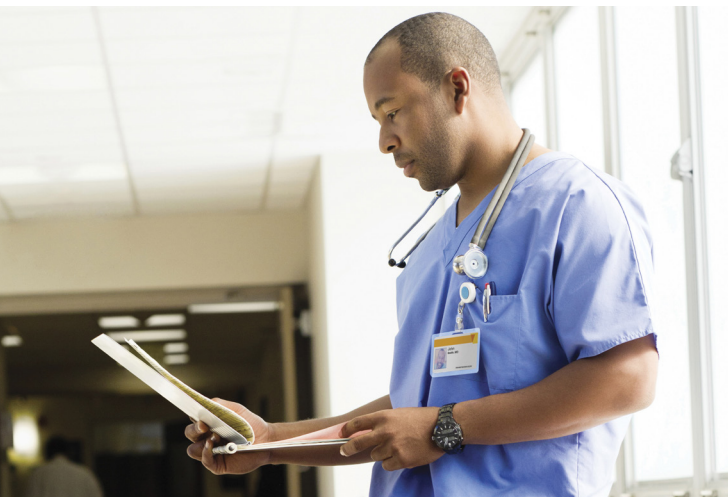
Update on challenging GI diseases

Educational objectives:

1. To know updates in diagnosis and management of cystic lesions of the pancreas.
2. To understand the relationship and impact of IBD in pregnancy.
3. To understand updates in colorectal cancer screening.

Moderator: Stephen Bickston, MD

- 3:40 **Updates in cystic lesion of pancreas**
Ravi Vachhani, MD
- 4:05 **IBD in pregnancy**
Sasha Mangray, MD
- 4:30 **Updates in colorectal cancer screening**
Irma Hashmi, MD
- 4:55 **Panel discussion**
- 5:10 **Final comments**
Richard Sterling, MD, MSc



Course description and target audience

The Division of Gastroenterology, Hepatology and Nutrition, the Liver Transplant Program, and VCU Health Continuing Education are pleased to offer the 27th Annual Virginia Liver Symposium and Update in Gastroenterology taking place online. The virtual program is designed for primary care and sub-specialty physicians, and mid-level medical providers who treat patients with gastrointestinal and liver disorders.

Course objectives

- Discuss treatment strategies for the management of daily challenges in clinical gastroenterology.
- Review recent research advances and current literature of advances in treatment of chronic liver disease.
- Review recent advances and current literature in gastroenterology and hepatology.

VCU Health course directors

Richard K. Sterling, MD, MSc, FACP, FAGG, FAASLD, AGAF
Hepatology Professor of Medicine
Chief, Section of Hepatology
Division of Gastroenterology, Hepatology and Nutrition

Joel Wedd, MD, MPH
Associate Professor of Medicine
Medical Director, Liver Transplantation
Division of Gastroenterology, Hepatology and Nutrition

Allison Lewis, BSN, MSN
Program Manager
Hume-Lee Transplant Center

Visiting faculty

Millie Long, MD, MPH
Professor of Medicine
Director, Gastroenterology and Hepatology Fellowship Program
Vice-Chief for Education
University of North Carolina at Chapel Hill

VCU Health faculty

Scott Strayer, MD
Chair, Family Medicine

VCU Health Division of Gastroenterology, Hepatology and Nutrition faculty

Amon Asgharpour, MD
Assistant Professor of Medicine

Obi Aseem, MD, PhD
Assistant Professor of Medicine

Jas Bajaj, MD, FAASLD
Professor of Medicine

Stephen Bickston, MD, AGAF
Professor of Internal Medicine
Director, Inflammatory Bowel Disease Center
Associate Chair of Gastroenterology

Irma Hashmi, MD
Chief Fellow

Hannah Lee, MD
Assistant Professor of Medicine
Co-Director, HCC Clinic

Sasha Mangray, MD
Assistant Professor of Medicine

Scott Matherly, MD
Associate Professor of Medicine
Co-Director, HCC Clinic
Program Director, Transplant Hepatology

Milan Patel, MD
Chief Fellow

Arun Sanyal, MD
Professor of Medicine
Interim Chair, Division of Gastroenterology, Hepatology and Nutrition

M. Shadab Siddiqui, MD
Associate Professor of Medicine

Joseph Spataro, MD
Assistant Professor of Medicine
Central Virginia Veterans Healthcare System

Ravi Vachhani, MD
Associate Professor of Medicine
Gastroenterology Fellowship Director

Accreditation and credit



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, VCU Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

VCU Health Continuing Education designates this live activity for a maximum of 8.0 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Education designates this activity for a maximum of 8.0 **ANCC contact hours**. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with American Academy of Family Physicians. Determination of credit pending.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **8 MOC points** in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program.

Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Disclosure statement

In compliance with ACCME Standards, all planners and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the activity evaluation.

Registration | Register online at vcu.cloud-cme.com/liver

Registration rates

\$120 Physician (*includes MOC*)

\$90 Healthcare Providers (non-physician)

Syllabus Free download available

Cancellation policy

Registration fee, less a 25% non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to ceinfo@vcuhealth.org **on or before April 7, 2023**. There will be no refunds after that date.

Questions?

Contact VCU Health Continuing Education. Box 980048 | Richmond, VA | 804.828.3640 | ceinfo@vcuhealth.org

Disclaimers

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, adjust credit hours, or cancel if necessary.

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All participants have the right to participate in this continuing education activity without discrimination due to age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex (sexual orientation, gender identity or expression and pregnancy), protected veteran status, marital status, genetic information, or any other protected characteristics under applicable federal, state, or local law. If you need accommodations to participate in this activity, please contact us at ceinfo@vcuhealth.org for more information. Requests for accommodations must be received 21 days prior to activity start date.

Complaint Policy and Resolution Process

All complaints must be made in writing to ceinfo@vcuhealth.org.

All complaints will be logged into the complaint log. The Director, Continuing Education will attempt to resolve the complaint within the first contact, when possible, and will respond to the client and customer's concerns within 5 business days of the initial complaint. At the time of the first contact, Director, Continuing Education will inform the complainant if more time will be needed to research the complaint.

If the complaint is still unresolved after communication with the Director, Continuing Education, or if the initial complaint is not addressed in a timely manner, the complainant may contact the President & CEO, UHS-PEP. The President & CEO will then contact the complainant and endeavor to resolve the complaint within 10 business days after being contacted.

The complaint log will be regularly reviewed to identify areas of operations and service that may require improvement. The Director, Continuing Education will research reoccurring complaint matters and recommend process and procedure changes, when appropriate. These changes will be noted on the Complaint Resolution Log, and any necessary policy and/or procedure updates will be made within 15 business days thereafter.